

# HORIZONS

The Newsletter of Unity of the Valley Winter 2008/2009  
www.unityofthevalley.org

## Emissaries of Love

The paradox of celebrating and assimilating the spiritual gifts of Christmas is this: within the helplessness and vulnerabilities of a newborn child is the vision of a new humanity. Are we able to see through our own personal and collective vulnerabilities and tap the unlimited spirit of love that reveals a new dimension of how best to be love's emissaries on earth?

On my recent unplanned visit to Fort Worth, Texas to help my mother and father in a time of need, most conversations were related to the above story line: How do I (we, they) address feelings of vulnerability - whether it is my mother with a broken hip and almost broken spirit, my father in his uncertainties, old friends facing rather sudden and significant changes in their financial circumstances and to their future plans, and me wondering how best to parent and support my parents...

In each situation, I watched and listened as a little bit more light was brought into each experience and revealed a larger picture with wider possibilities. Even in the midst of these fragile moments, something wise and hopeful was showing its face. My mother began to access her spirit and reach out in love to her forlorn rehab roommate, my father even with his limitations became more determined to be helpful, my friends felt the powerlessness in their lives as a wind directing them toward long overdue life changes, and I saw more clearly how I am being called to a life of service to our world and especially to my family.

You and I have many reasons to feel vulnerable, sad, and afraid. Some are personal, some are collective. I don't need to name them. You already know what they are. How about us taking a different tack during the upcoming Thanksgiving, Christmas, and New Year season?

How might each of us serve to be an emissary of love? ...to reach more deeply into our hearts and, like a child who is afraid, still find a way to bring the light of love into the moment. Life is all set up to be an ongoing revelation of love's promise. Jesus' birth signals this and every character and scene in the nativity saga all play a part in cocreating the inevitable awakening that we all are born out of the Heart of God.

Great thanks go out to so many of you who have contributed to bringing more love into our church community during 2008. I see 2009 as a year of great promise as we all grow in love together and release all that is unlike love once and for all.

In love and appreciation,



## SPECIAL HOLIDAY EVENTS

### Community Thanksgiving Potluck Dinner

Thursday, November 27  
Gathering - 3:00 pm  
Eating - 4:00 pm

### Youth Christmas Bazaar

Sunday, December 7  
After 8:45 & 11:00 a.m. services

### Christmas Celebration Services

Sunday, December 21  
8:45 & 11:00 a.m.

### Candle Lighting Services

Wednesday, December 24  
5:30 & 7:30 p.m.

### Burning Bowl Services

Sunday, January 4 - 8:45 & 11:00 a.m.

# Holiday Events at Unity of the Valley

## Sunday Worship Service

Services held at  
8:45 & 11:00 am

Nursery & Childcare  
8:45 & 11:00 am

## Youth & Family Ministry

**Nursery** (Infant – 2 years)

**Unikids** (ages 3-4,  
Grades K-2)

**Galileans** (3rd-5th)

**Uniteens** (6th-8th)

**Youth of Unity** (9th-12th)

## Office Hours

Tuesday – Friday  
10:00 AM – 4:00 PM

## Bookstore Hours

Tuesday – Friday  
10:00 am – 4:00 pm  
Sundays after each Service

## Contact us

Unity of the Valley  
541-345-9913

Unity Fax  
541-345-9182

E-mail  
[unityval@rio.com](mailto:unityval@rio.com)

## Staff

Rev. Ed Conrad  
Senior Minister

Rev. Sherry Lady  
Associate Minister

Linda Hunt  
Administrator

Géna Duel  
Administrative Assistant  
& Bookstore Manger

Jon West  
Director of Music &  
Outreach Projects

Darshana Freechild  
YFM Director &  
Childcare Coordinator

Mark Hazzard  
Sound Technician

## Web Site

[unityofthevalley.org](http://unityofthevalley.org)

## Community Thanksgiving Potluck Dinner

Thursday, November 27

We will be gathering at 3:00 pm and eating at 4:00 pm

Our annual Thanksgiving Potluck Dinner is a wonderful opportunity to come together and appreciate all of life's blessings. Please bring your favorite Thanksgiving side dishes, salad, or dessert. Bring friends and family. With or without a dish, you are wholeheartedly welcome!

## Candle Lighting Services

Wednesday, December 24

5:30 & 7:30 pm

A celebration of light, unique and magical, awaits you at our Christmas Eve Candle Lighting Service! We come together to share a holiday service of Christmas music and an outer and inner expression of the "light of the world" that we truly are. Allow this spiritual experience to lift you above the excitement and busy-ness of the holiday season into the transcendent atmosphere of peace, love, and joy. **Childcare provided.**



## "Remember, Release, Renew" Evening of Chant

Wednesday, December 31

7:00 to 9:00 pm

Facilitated by Netti Garner, D. Min.

Love offering basis

Engage your body, mind, and spirit as we move into the New Year. Gather with others to chant, dance, and celebrate as we embody spiritual truths from a variety of world traditions. Open to all ages, persuasions, and beliefs.

## Burning Bowl Services

Sunday, January 4

8:45 & 11:00 am

As the year 2008 completes its cycle and the year 2009 is born, we may let go of false beliefs and illusions that do not serve our highest purpose, opening the way for new, fresh insights and inspiration. Through the purification process, symbolized by fire, we release unwanted and limiting patterns such as fear, anger, guilt, and unforgiveness – thereby creating space for new blessings.

We welcome you to start the new year with this freeing and moving experience in consciousness that opens the door to a greater you!

## Uniteens Beary Special Project



We are continuing our Beary Merry Christmas project for another year! PLEASE bring a brand new huggable stuffed bear to church in December! These bears will be filled with our love and prayers and will then be distributed throughout our community the week before Christmas.

# Dr. Zhi Gang Sha Comes to Unity of the Valley

"Master healers are rare: Dr. Sha is the most inspirational healer and teacher in North America today"

C. Norman Shealy, M.D.

Dr. Zhi Gang Sha has been featured on PBS as one of the most powerful spiritual leaders and healers of our time. He is a lineage holder of 5,000 year old Taoist and Buddhist secrets and was the keynote presenter at the 2008 Unity International Conference in Phoenix, AZ.

## WORKSHOPS WITH DR. ZHI GANG SHA

### Introduction to Soul Wisdom and Soul Healing

Friday, February 6, 7:00-9:00 pm Sugg. Donation \$20

Join Dr. Sha for an introductory Soul Healing workshop. Experience his deep love, compassion and joy as he teaches you the amazingly simple Soul Healing techniques from his New York Times best-seller, *Soul Wisdom: Practical Treasures to Transform Your Life*. In this powerful and highly interactive workshop, you will learn and experience:

- What Soul Healing is.
- The power of Soul Healing to transform every aspect of your life.
- Soul Wisdom and Soul Healing Techniques.
- Soul healing practices to heal yourself and others.

Dr. Sha will do live demonstrations of advanced soul healing techniques as well as give a Group Soul Healing and Blessing for your health, family, relationships, business or any aspect of your life.

### Soul Wisdom and Soul Healing

All Day Workshop Saturday February 7

9:00-noon & 1:30-4:30 pm Sugg. Donation \$75

Join Dr. Sha to learn more about his life-transforming message: The Soul Can Heal. In this profound, informative and vibrant workshop, you will learn and experience:

- Soul Wisdom and Soul Healing.
- The power of Soul Wisdom and Soul Healing to transform every aspect of your life.
- Soul Healing treasures including Soul Language, Soul Song, Soul Tapping, Soul Dance and Soul Movement.
- How to apply the Soul Healing treasures to heal yourself and others.
- How to do soul healing remotely.

Dr. Sha will do live demonstrations of advanced soul healing techniques, give a Group Soul Healing and Blessing as well as live demonstrations of advanced soul healing techniques, including Soul Operations and Soul Transplants.

## Sunday Service Speaker

February 8, 11:00 am

Sacred Service of Healings, Blessings & Chanting (mini workshop to follow)

Dr. Sha will be a special guest at the 11 am Sunday Service to offer Soul Song healing blessings to every participant. A book signing and mini workshop will follow at 1:00 pm.

Dr. Sha will teach the healing, rejuvenating and life-transforming practices of Sacred Soul Song Chanting and Soul Dance.

## Healing Blessings for Special Requests

(On Saturday evening after the workshop and Sunday afternoon, after the mini-workshop. Honor fees vary.)

Dr. Sha will offer healings for your special requests. You may receive blessings for any aspect of health – physical, mental, emotional or spiritual – or life, including the spiritual journey, relationships, business and finances. You and your family members can all benefit from these blessings. Take advantage of this rare opportunity to receive Divine Blessings through Dr. Sha in person.



Dr. Sha is an inspiring soul leader, extraordinary healer, and chosen divine servant. In every encounter with Dr. Sha, you will experience his deep love, compassion, joy and total dedication to the Divine.

We welcome you to bring your friends and loved ones to meet Dr. Sha in person.

**Heal the soul first, then healing of the mind and body will follow.**

**Dr. Zhi Gang Sha**

# Events and Happenings at Unity of the Valley

## Unity of the Valley Annual Congregational Meeting

Sunday, February 22 – 12:30 pm

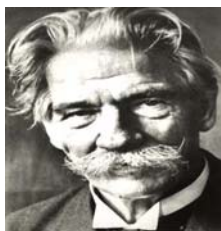
During our annual meeting, we will review our mission and goals, look over the financial report, and share ideas for the future. All are welcome!

Unity of the Valley presents

## Words of Albert Schweitzer and the Music of Bach

February 20, 2009 – 7:00 pm

Join us for a very inspirational, informational and entertaining evening featuring the multimedia musical dramatization of the life of Albert Schweitzer featuring the spoken words of Dr. Schweitzer, with Unity actors, scenes from his life in Africa, his music, and special guests.



"Reverence for human suffering and human life, for even the smallest and most insignificant, must be the inviolable law to rule the world from now on. In so doing, we do not replace old slogans with new ones and imagine that some good may come out of high-sounding speeches and pronouncements. We must recognize that only a deep-seated change of heart, spreading from one person to another can achieve such a thing in the world."

Albert Schweitzer

More information on this fabulous event to follow in the upcoming weeks.

Each prayerful thought and act of kindness  
blesses the world with peace.

## Unity of the Valley's Angel Network



Our "Love In Action" ministry has expanded to include the newly formed Angel Network, a group of volunteers actively committed to serving individuals and families of our congregation in

practical, supportive and uplifting ways. This gift to each other includes such things as: rides to appointments, picking up prescriptions, providing a meal, support of families in transition, emergency or one-time childcare, assisting with yard care or home repairs, home and hospital visits, and many other ways to be there for each other. Angel Network partners with members of the Prayer Chaplain and Community Outreach ministries and is facilitated by Associate Minister Rev. Sherry Lady.

If you would like to be a participant in this vibrant, loving ministry, please contact Rev. Sherry at 345-9913 ext. 16, or by filling out the form available on our website. Go to [www.unityofthevalley.org](http://www.unityofthevalley.org), click on Love In Action and then Angel Network.



With peace in our heart, we bless the world  
with love and harmony.

# Ongoing Events at Unity of the Valley

We have a wide variety of activities, classes, and workshops held at Unity. This is but a brief list of some of the ongoing activities here. Please check our website ([www.unityofthevalley.org](http://www.unityofthevalley.org)) for an up-to-date list or check the Church Bulletin.

## Taizé Service First Sunday Each Month

This 7:00 pm service for healing and wholeness is from the tradition of the Taizé spiritual community in France. The heart of the service is the singing and music, which unite all people in common prayer. All are welcome to join in the circle of healing.

## Mystical Nature of Chant Third Sunday Each Month

Netti Garner facilitates this 7:00-8:00 pm service on the third Sunday of each month. During chanting, the words, musical tones, and chord progressions create vibrations that broaden the pathway as we awaken to our mystical nature. A period of silence follows each chant to allow the vibrations to settle deeply into our consciousness.

## Sacred Feminine Focus Group First & Third Monday Each Month

This Sacred Feminine Focus group meets in the upper room of the Fillmore Wing from 7:00-9:00 pm on the 1st and 3rd Mondays of the month.

## Men of Unity Gathering Second Monday Each Month

Unity men gather once a month from 6:30-8:30 pm for fellowship, food, camaraderie, to exchange ideas, and to plan projects. All men are welcome! For more information, please call John Freshwater at 895-3214.

## Women of Unity Gathering Third Monday Each Month

Women of Unity meet at 6:30 pm for food, fellowship, and fun! Potluck food will be available, but please come whether or not you feel you can bring anything. All women are welcome!

## Men of Unity Spiritual Support Group Fourth Monday Each Month

The Men of Unity meet in the Fillmore Wing on the fourth Monday of each month from 7:00-8:30 pm for prayer, meditation, and support. All men are welcome!

## Monthly Brown Bag Luncheon with Rev. Ed Conrad First Wednesday Each Month

All are welcome to join Rev. Ed in the Fellowship Hall from 12:30-1:30 pm for an informal brown bag lunch. This is an ongoing opportunity to get to know our minister better, ask questions, offer ideas, hear the latest happenings, or just enjoy a fun community get together for lunch.

## Shamanic Evening First Friday Each Month

On the first Friday of each month we gather from 7:00-9:00 pm, to celebrate Spirit through drumming and sound. Bring your drums and rattles. Drop-ins are welcome! For more information, call Sunny or Gary at 461-5663.

## Unity Night at the Movies Second and Fourth Fridays Each Month

For those of you who enjoy our monthly Unity Night at the Movies, Tom Blank is currently on hiatus. We will let you know as soon as this fun activity resumes.

### HOLIDAY WORD FIND

P I N E W R E A T H S B A L  
R O O B I E A N G E L P N O  
E S S U N D V T M R A C T F  
S Z L N T L M L O C Y O L R  
E V E X E I O E O U D Z B L  
N P D S R B Y R S P K Y U P  
T I N S E L B U E I O X B O  
N O R T H P O L E D B O A T

Find the following words: Sled, Pine Wreath, Tinsel, Red, Present, Winter, Angel, Antler, Eve, Moose, North Pole, Cupid, Cozy

# Spiritual Education & Enrichment (SEE) Transformational Adult Education

## Explore – Experience – Expand – Enhance Your Life!

Are you looking for practical principles that will lead to an experience of successful and joyful living? If so, Unity of the Valley's Spiritual and Education Enrichment (SEE) program offers the perfect learning atmosphere, information, and inspiration that is fundamental for the pursuit of your own spiritual goals - as well as opportunities for people of all backgrounds and faiths to come together to share in the experience of enriching their lives in a friendly, loving, and supportive environment.

Our program consists of three paths to support you on your journey:

- ◆ Basic spiritual development classes – designed to provide fundamental principles that are stepping stones to a fulfilled spiritual life.
- ◆ Advanced development classes – designed to take you into a deeper experience of the Divine and support you in integrating spiritual principles.
- ◆ Personal development classes – designed to expand your knowledge, exercise your mind, body and spirit and enhance your experience of the creative aspects of spiritual growth.

Whether you want to enhance your passion for spirituality, explore new and life-changing ideas, experience the practical application of spiritual principles, or expand your biblical knowledge, there is an opportunity here that is right for you. One class can change your life! Join us!

All of Unity's classes are offered on a donation/love offering basis unless otherwise stated. There is an administrative share for each Licensed Unity Teacher class taken for Unity Institute's SEE credit. Some classes may require study materials or books. Books will be available in our bookstore.

For more information please contact Rev. Sherry Lady at 345-9913 ext. 16 (church) or 485-6874 (office). Or check our website at [www.unityofthevalley.org](http://www.unityofthevalley.org).

For information on requirements to become a Licensed Unity Teacher or Minister, see the Association of Unity Churches International website at [www.unity.org](http://www.unity.org).

For information about on-line courses offered by Unity Institute go to [www.unityonline.org](http://www.unityonline.org).

## **"History of the Christian Church in America"** Thursdays, 1:00-3:00 pm January 8 - February 5 (SEE credit pending)

This course will be an opportunity to see how religion has evolved in the philosophical soil of the U.S. The natural tension between church and state has created an environment in which some very interesting things have happened over the years and will likely continue into the future. We should look at them at this point in history. Facilitator: Tom Blank.

## **"Myrtle and Charles' Teaching on Healing and Wholeness" Part 1 – February 5-March 5: 7-9 pm Part 2 – March 12-April 9: 7-9 pm**

Using the Fillmore's books on healing and wholeness these classes will focus on healing from a metaphysical, physical, and spiritual perspective from the time of Jesus to the present and beyond, into realms of medicine and science and development of human thought. Several facilitators will share in the presentations.

## **"Wealth 101: Prosperity in Philosophy and Practice"** Tuesdays, 7:00-9:00 pm February 3 - March 3

Practical applications of the Unity prosperity principles as taught by Charles Fillmore and a look into the "soul" of money, materiality, and creative thinking that can turn your life around, one day at a time. Facilitator: Sherry Lady.

## **"Unity Way of Life"**

Tuesdays, 7:00-9:00 pm March 10 -April 7

An opportunity to get to know the philosophies, principles and practices that support the Unity way of living, Unity's member congregations and the movement as a whole. Unity's history will also be shared. Facilitator: Ed Conrad.

## **"The Success Principles"**

Tuesdays, 7:00-9:00 pm, April 21 – May 26.

Based on Jack Canfield's dynamic book: *The Success Principles: How to Get from Where You Are to Where You Want to Be*. These principles will inspire and empower you to live a more fulfilling life. Get ready for some changes with this one! Facilitator: Rev. Inge Tarantola.

## **On-Going Study Groups:**

New Testament Interpretation – Wednesdays at 10 am

Metaphysical Studies – Tuesdays at 10 am

It's All God – Sundays 9:40 – 10:30 am

Course In Miracles – Weds 10:45 am & Mons 6:30 –8:30 pm

# Youth & Family Ministry Update

## Hello from Darshana Freechild, New Youth & Family Ministry Director

I am so very happy to be a part of this wonderful church family now. Many thanks to everyone for making me feel so welcome and for being patient as I learn my way around. I am so blessed to have such amazing teachers working in the Youth Ministry with me. You are all such a gift to me!! Many hugs!

## Unikids (Grades Preschool – 2nd)

The Unikids continue to sing their hearts out every Sunday and are busy learning about the 12 Powers. They are now PowerKids!

## Galileans (Grades 3-5)

The Galileans had a very successful Pumpkin Sale, and they earned over \$150 - enough to purchase the makings for splendid Thanksgiving dinners for 2 low-income families in our community! Excellent work! Thank you for your support!

## Uniteens (Grades 6-8)

One Uniteen attended the fall Unitreat "What do You Stand For?" She participated in a challenge course in the pouring rain with much delight. She also completed a wonderful service project building stools for youth to sit on in various church daycares.

## Y.O.U. (Grades 9-12)

Four members of their class went to a retreat "Leggo my Ego." Good times, exploration, and insight was had by all!

## International Child Sponsoring Update

Our dear Kensy, our overseas child who we have sponsored for almost 10 years, has graduated from our International program. We welcome Keidy, who is 3 years old as our new sponsored child. Both Kensy and Keidy live in Honduras. Look for Keidy on the bulletin board soon.

## Decoration Festival

Wednesday, December 3 - 6:30-8:30 p.m.

Come make decorations and deck our halls! We will have a number of fun and easy crafts for all ages. We will decorate our children's tree and the older kids can help with our sanctuary tree. Cookies and drinks to share (so eat dinner first). Come join us in this family event.

## Youth Bazaar (Galileans plus)

Sunday, December 7 – after both services

Come do some holiday shopping. Many sweet and original gifts hand-made by our children will be available. You won't be disappointed!

## Loving Our Parents

### Family Friendly, Wonderful Classes/Events and Parent Support Too!

A parent's job is THE job of highest importance in our world. Even the angels are in awe of you. Take time to renew your spirit and heart in the warm embrace of our community classes/programs, and we will love and play with your children while you do.

We want to embrace our families in this sacred community, offering engaging Sunday programs, creative endeavors, and service projects for the children. We also are stepping up to the plate in our commitment to supporting our parents.

All of our adult classes, programs, and events are here for everyone. Parents, you don't need to wait for child-centered events or family-focused classes in order to take advantage of our wonderful offerings. If Wednesday evening comes around and you really could use an extra dose of spiritual nurturing, childcare is here for you. You do not need to call ahead. We will be here.

New classes begin periodically, and there will be childcare available on the first day of every class each time. At that point we can see what will be needed throughout the run of that class and make sure we stay covered.

Want a night out or a quiet evening at home? We are looking into the possibility of monthly children's evenings with a theme and a project, and even an overnight a couple times a year for the older kids.

Also, remember our Sunday Nursery Program if you have little ones or know someone who would like to visit! Our caregivers are trained and competent, loving, and patient. They will have a curriculum too! Parents can be rest assured that their children are in the kindest of care. (This, of course, is true of all our children's classes – our teachers are the best!!)

## Notes from C ena

### Winter - The Season of Change and Celebration

Oh that time of year when winter is winking at us - greeting us again for another year. Times of celebrations, times for reflection, times for appreciating what has been, and time for opening and greeting what is coming into being.

As I feel this winter moving in more and more each day, I am filled with awe at the beauty of the changing colors of nature, and I am filled with gratitude for the people I work and play with - staff, volunteers, and congregants. My love for Unity continues to grow and expand as I get to know everyone a little more. I am indeed blessed to be a part of the Unity family. Thank you  od!

I have loved working and playing in the Bookstore, and I appreciate the input and support you have been giving. I continue to add new and different stock on a regular basis and have loved reading some of the books that have been suggested. Thank you and keep that input and support coming!

What is coming in the new year for the Bookstore? I am continuing the process of looking at expanding the children's section of the Bookstore adding perhaps some spiritual games and items and have talked with some of the children to get their input on what they would like to see in the Bookstore. What a great time I have had talking with them and getting another opportunity to view life through their eyes. Thank you kids!

I am looking at bringing back displaying artwork from local artists on a regular basis. It's been inspiring to see the many talents of our congregants. If you are an artist or know an artist who might be interested in displaying photography, painting, etchings, or . . . , I'd love to hear from you.

With the holiday season approaching, decorating and restocking will be happening in the Bookstore. This season I am offering simple gift wrapping for items purchased in the Bookstore - so please come and check it out. And again, if you don't see something you're looking for, let me know as I might be able to order it for you.

It is a blessed time to celebrate and reflect, and a blessed and exciting time to embrace the new year coming into being. Many thanks to everyone for supporting the Bookstore, and I look forward to greeting the new year with you. May we continue to grow together in love and spirit.

Happy Winter, Seasons Greetings, and  
Happy New Year!

C ena

## Volunteer Opportunity

We are in need of Volunteer Receptionists. We have an opening on Tuesday and Wednesday mornings from 10:00-Noon as well as Thursday afternoon from 1:00-3:00 pm

Our volunteer receptionists answer the phone and perform light office work as needed. This important volunteer position allows our Administrative Assistant more time to focus on her office duties. If this interests you, please call C ena at 345-9913.



## Gift Shopping at Unity of the Valley Bookstore



- Angel Items
- Books
- Buddha Items
- Calendars
- Candle Holders
- CDs of Sunday's Service
- Crystals
- Greeting Cards
- Music on CD
- Musically Tuned Chimes
- Prayer Flags
- Prayer Flag Coloring Book
- Puzzles
- Statuary
- Wall Hangings

Hours:  
Tue-Fri 10:00-4:00  
Sundays after Services

Simple gift wrapping offered for items purchased in Bookstore

# The Enrichment Corner

by the Rev. Edgar Peara

When we look at the glories of nature or consider our body's anatomy we see creation's complex marvels that are intricately formed. The greatest human intelligence is incapable of fashioning and putting into operation, or even understanding, all the functions of a single organ like the liver. We can't even bring into being a tiny life form such as a mite.

Since the time when humans began to reason, they have marveled at the spectacular wonders that fill the earth. Because creation was bewilderingly stupendous beyond any achieving they could imagine, they credited God with its origin. "Your power is great and your glory is seen everywhere on earth." [I Chronicles 29:11] But they didn't stop with earth and its astonishing glories. The Psalmist wrote, even "The heavens declare the glory of God and the skies show forth what God has done." [Psm. 19:1]

Today we still attribute creation to a transcending mysterious wonder that creates and upholds life. Because it is invisible to us, we say it is Spirit or absolute, good and loving – the one real Power. It is the hidden, but real force, that is constantly at work in life supporting survival, health, growth, progress, fulfillment and happiness. Perhaps the most important, and unique characteristic of our New Thought religion in Unity, is the creativity we attribute to thought. We say "What we think, feel and believe creates our experience of our world." Outsiders ignorant of the nature of our creative thinking might think we're using some form of will power, mental suggestion, magical imagining or controlling imaging. In truth, it is none of these.

Rather than using will power or mental suggestion, Unity recognizes that creation's creative power is Mind, another name for God. As Emerson says in a Unity book "...there is One Mind, ... [Its] powers and privileges I as a person, may claim. [I can] appropriate whatever is true, fair, good or strong [that] has anywhere been exhibited" [The Gospel of Emerson, Newton Dillaway, p.34]. What gives your creative thinking power is acknowledging that the great causative Mind exists in you in a personal form. Identify yourself and your thought with divine Mind's irresistible thrust toward goodness, health, love, abundance. "Mind is the only reality, of which persons and all other natures are reflectors." [ibid p.33]

Actually our church and its classes teach you how to do creative thinking, praying, by recognizing your oneness, unity with the Divine Creator. That prayer brings health where there was sickness, prosperity where there was lack, and love where there was loneliness. These marvelous healings and demonstrations of good brought by Unity are evidence that creative Mind as Love responds to you when you recognize your oneness with it, and think in harmony with its compassionate, causative powers. Recognize your unity with the incredibly compassionate, generous Cause that made and loves you, so it can pour its abundant goodness into your life. What greater Christmas gift could you receive!



Edgar Peara is a retired New Thought minister and spiritual therapist.



## UNITY REACHES OUT TO SPONSORS INC.

A Unity team formed in October to help Sponsors Inc. with a work project at the Sponsors home for women transitioning from prison to community life has been completed. The teamwork was incredible.

Jean Dougherty sent the following letter:

"...Our porch surpassed my wildest dreams. A special thank you to Michael who diligently labored on the tear out and rebuild with a wonderful calm presence. Our Honors living room has been transformed with the new paint. The handrails are secure and the shower is sparkling with new caulk. You are all ROCK STARS!!!" Our sponsors and volunteers included: Kay Russell and Jeff Wilson, Michael Augden, Doug Ripley, Steve Smothers, Roy Fritch, Audrey Desjarlais, Charles Durham, Sita Martin, Tooson Pratt, Talya Schermerhorn, Josh Tobar, and Jan Wulling. Thanks also to Hammer Lumber for their support!

# Prayer Ministry in Action

## INDIVIDUAL PRAYER SUPPORT AVAILABLE SUNDAYS

Our Prayer Chaplains are available for prayer following the Sunday service. They are trained to maintain a spiritual space, keep confidentiality, and pray with you. You also may call the Prayer Chaplain Message Line (345-9913, Ext. 8) to leave a request for prayer or for a return call.

## JOIN US WEDNESDAYS AT NOON!

Join us every Wednesday from Noon to 12:30 pm. for a Silent Unity Prayer Service in our Peace Chapel. Everyone is welcome!



## WEDNESDAY EVENING PRAYER SERVICE 7:00 to 8:00 PM

Our Wednesday Evening Prayer Service integrates chant, prayer, meditation, healing energy, and ritual. Stations are set up at the four corners of the Sanctuary to facilitate healing and support for your prayerful life.

At the four stations you can:

- Use the burning bowl to release and transform that which no longer serves you.
- Pray to the four directions and invite healing for the planet.
- Partake in private communion.
- Light a candle for yourself or a loved one.

## Prayer Chain

For immediate prayer, phone any Prayer Chain member from 9:00 am to 9:00 pm.

*Mary Ellen Avis	736-8871
Karuna Cjatton	485-3881
*Mary Criggs	342-6490
Sara Holland	337-1825
*Jim Lockard	484-6488
*Kathy Mika	345-2417
Karen Roach	683-2564
*Inge Tarantola	343-4181
Matt Wall	485-1599

or call

**Silent Unity**  
(800) 669-7729  
24 hours a day

Unity Dial-a-Prayer 345-9913  
Prayer Chaplaincy Line 345-9913

## Unity of the Valley Prayer Ministry

Unity was founded on, and is sustained by, the power of prayer. We invite you to participate in prayer with our devoted Prayer Ministry through these activities:

- ♥ Fill out a prayer request form and place it in the prayer box in the foyer. Members of our prayer team will pray for you for 2 weeks, and then we will send your request to Silent Unity for another 30 days of prayer. All requests are held in complete confidentiality.
- ♥ Fill out a prayer request online at our website: [unityofthevalley.org](http://unityofthevalley.org).
- ♥ Call our Prayer Chain for immediate prayer 9:00 am to 9:00 pm each day.
- ♥ Call our Dial-a-Prayer line (345-9913 then press 7) for an uplifting, affirmative prayer at any time of the day or night.

Email a prayer request to  
[prayer@unityofthevalley.org](mailto:prayer@unityofthevalley.org)

## FINANCIAL REPORT – JAN-OCT 2008

	<i>YTD Income</i>	<i>YTD Expenses</i> (excluding tithes)	<i>YTD Tithes</i>	<i>YTD Reserves</i>	<i>Average Attendance</i>
<b>2007</b>	\$211,534	\$211,361	\$14,973	\$119,593	162
<b>2008</b>	\$207,781	\$236,201	\$18,666	\$104,366	160

YTD = Year To Date

### Simple Giving

Unity of the Valley has an ongoing program designed to generate a more consistent flow of abundance for our spiritual community. For you as a participant, it provides an opportunity to experience that flow in your own life.

It is called "Simple Giving," and it creates options for financial giving to our church in addition to Sunday giving. Consistent with our awareness that we live in an all-sufficient spiritual reality, this provides more channels through which this abundance can flow. Also, it assists in minimizing the valleys of giving that historically have occurred in mid-winter and in summer, when attendance fluctuates.

You can enroll in our Simple Giving plan by calling the church office (345-9913), or by filling out a form available at the Info desk at church or on our website [unityofthevalley.org](http://unityofthevalley.org) (click on the "Giving & Tithing" link on the homepage). The webpage also has detailed information about the program.

Whether or not you decide to participate, we thank you all for your ongoing generosity and for ensuring that we are truly a thriving spiritual community!

#### Financial Blessing

Thank you God for your manifest  
abundance that flows through  
Unity of the Valley

#### Envelopes for Cash Offerings

There are envelopes for your cash donations in the back of the Sanctuary and in the Foyer. If you print your name, address, and the amount of your gift, our accountant will track your giving for your yearly IRS letter.

### Help Support Unity's eScrip Program

The eScrip program is a fundraising program that allows participating merchants to contribute a percentage of your grocery club cards, credit card, and debit card purchases to the organization of your choice.

- **How do I sign up?** Simply register online at [escrip.com](http://escrip.com) or pick up a registration form at the information desk in the foyer.
- **How are contributions made?** After you sign up designating yourself as a Unity of the Valley supporter, participating merchants automatically contribute 3% to 8% of all purchases you make with your registered cards.
- **Can I support more than one organization?** Yes, you can sign up to support up to three organizations; your contributions will be evenly divided among all the organizations you support.

**Do I need to do anything else to contribute?** No, contributions will continue to be made automatically with no further action on your part. As additional merchants become part of the program, all purchases made with your registered cards will generate contributions from them as well.

#### Many Thanks to You!

Thank you to each and every one of you  
who contribute in countless ways to  
Unity of the Valley.



Unity of the Valley  
 3912 Dillard Road  
 Eugene OR 97405

Non-Profit  
 Organization  
 U.S. Postage Paid  
 Permit No. 137  
 Eugene, Oregon

**Address Service Requested**

☐ If you no longer wish to receive this mailing, please mark the box and return to Unity of the Valley, or e-mail us at [unityval@rio.com](mailto:unityval@rio.com). Thank you!

**To someone special:**



**Receive Horizons by e-mail!**

Unity of the Valley supports “green ecology.” We now offer our quarterly newsletter via e-mail. If you are interested in receiving your Horizons electronically, please *clearly* print your e-mail address under the above address label and return it to the church, or e-mail [unityval@rio.com](mailto:unityval@rio.com) with your information.

**Ongoing Events, Classes, Groups**

For a complete calendar of all events, classes, etc., to go [www.unityofthevalley.org](http://www.unityofthevalley.org) and click on “Events”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Worship Service 8:45 & 11:00 am	Sober Awakenings 7:00 am	Sober Awakenings 7:00 am	Sober Awakenings 7:00 am	Sober Awakenings 7:00 am	Sober Awakenings 7:00 am	Sober Awakenings 7:00 am
Nursery & Childcare 8:45 & 11:00 am	Open Focus Wkly 9:00-10:00 am	Metaphysical Studies 10:00-11:15 am	A Course in Miracles 10:00-11:45 am	Open Focus Wkly 9:00-10:00 am	Shamanic Evening (1 <sup>st</sup> Friday) 7:00-9:00 pm	
“It’s All God” Study Group 9:40 am	Meditation Circle 5:30 pm		New Testament Interpretation 10:00-11:00 am	Blue Mountain Meditation Circle 5:30-6:45 pm (contact Laurie, 345-7563)		
Youth Education 11:00 am	A Course in Miracles 6:30-8:30 pm		Noon Prayer 12:00-12:30 pm			
Y.O.U. (14-18 years) 11:00 am	Men of Unity Gathering (2 <sup>nd</sup> Monday) 6:30-8:30 pm		Wednesday Evening Prayer Service 7:00-8:00 pm			
Weekly Discussion Group – 12:30	Women of Unity (4 <sup>th</sup> Monday) 6:30-8:30 pm					
Women’s A.A. 12-Step Study Group 5:00 pm	Men of Unity Spiritual Support (4 <sup>th</sup> Monday) 7:00-8:30 pm					
	Sacred Feminine Study Group (1 <sup>st</sup> & 3 <sup>rd</sup> Monday) 7:00-9:00 pm					

**ED’S WEEKLY EMAIL MESSAGE:**  
 To receive this uplifting and thoughtful message, please contact the office at 541-345-9913 or email us at [unityval@rio.com](mailto:unityval@rio.com).

**NOTE:** This calendar is subject to change and is not inclusive of all events and classes. Please refer to your Sunday bulletin, or call the church office (541-345-9913) to confirm dates, times, and offerings.