

Chant

Wednesdays, 7:00 - 8:00 pm
Unity of the Valley
(39th and Hilyard)

Chant has been around since the dawn of humankind. The rhythmic repetition of sung sound created community and one's connection with the Divine.

Pythagoras said that music was the sound of the spheres. His school in ancient Greece required study of music *before* the study of mathematics. Today, science continues to uncover the power of music, especially the power of live, sung sound. From stress reduction to body healing, science validates the importance of music that the ancients intuitively knew.

Chant does not require vocal training. Chant is centered on a simple melody with words. For some, chanting in another language or in another faith tradition decreases getting lost in visual images of one's everyday language.

For more information on chant
Call Netti at 767- 0953
or email Netti@epud.net.