Unity of the Valley 3912 Dillard Road Eugene OR 97405 Address Service Requested



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□ If you no longer wish to receive this mailing, please mark the box and return to Unity of the Valley. Thank you!

To someone special:

Little lambs in our 2005 Unity Christmas Celebration.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Worship Service 10:00 ам	Sober Awakenings 7:00 ам	Sober Awakenings 7:00 ам	Sober Awakenings 7:00 ам	Sober Awakenings 7:00 AM	Sober Awakenings 7:00 ам	Sober Awakening 7:00 ам
Youth Education (3–10 years) 10:00 AM Uniteens (11–13 years) 10:00 AM Y.O.U. (14–18 years) 10:00 AM Taize' Service (1st Sunday) 7:00-8:00 PM	h Education 0 years) 0 AM eens 13 years) 0 AM (contact Laurie, 345-7563) A Course In Miracles U. 18 years) 0 AM (contact Caurie, 345-7563) A Course In Miracles U. (contact aurie, 345-7563) A Course In Miracles U. (contact gefn.org) e' Service Sunday) (contact barrier, (contact barrier, (c	Metaphysical Studies 10:00-11:15 AM (contact Mary, 342-6490) Noon Prayer 12:00 PM Mindfulness Meditation 5:45–6:30 PM (contact Kathy, 345-2417)	A Course In Miracles 10:00–11:45 AM (contact Valerie, 484-3921) New Testament Interpretation 10:30–11:30 AM (contact Sherry Lady, 485-6874) Noon Prayer 12:00 PM	Noon Prayer 12:00 PM Blue Mountain Meditation Circle 5:30–6:40 PM (contact Laurie, 345-7563) Women of Unity (4th Thursday) 6:30-8:30 PM (contact Bonnie, 461-6161)	Noon Prayer 12:00 PM Shamanic Evening (1st Friday) 7:00–9:00 PM (contact Sunny or Gary, 461-5663) Unity Night at the Movies (2nd & 4th Fridays) 7:00 PM	Mindfulness Sit (1st Saturday) 9:00 – NOON Spirit Drumming Circle (3rd Saturday) 11:00 AM– 1:00 PM (contact Valerie, 484-3921)
"What is Unity?" (2nd Sunday) 11:30 PM Mystical Nature of Chant (3rd Sunday) 7:00-8:00 PM Women's A.A. 12–Step Study Group 5:00 PM	<ul> <li>For information (in Roseburg), c</li> <li>NOTE: This cale Sunday bulletin</li> </ul>	Toastmasters International 7:00-8:30 PM (contact Joe, 510-2165)Evening Prayer Service 7:00-8:00 PMprovided during the worship service.on Unity Spiritual Enrichment Center contact Inge Tarantola, 343-4181.endar is subject to change. Refer to your o or call the church office, 345-9913, es, times, and offerings.		Prayer MinistryFor immediate prayer, phone any Prayer Chain member from 9:00 AM to 9:00 PM.MaryEllen Avis736-8871Karuna Gatton485-3881Mary Griggs342-6490Kathy Mika345-2417Christina Stovall606-0522Inge Tarantola343-4181Sarah Zenzic510-3032		



### Letter from Rev. Polly Dozier

Dear Friends,

What a delight it is to arrive in the midst of your wonderfully warm Unity family during the Christmas season! Thank you so very much for your special greeting and words of welcome. I feel the depth and breadth of your precious community. It will be a unique privilege to serve you and work with you and your board, the staff, the ministry leaders, and all of the volunteers, members, and friends of Unity of the Valley.

With the beautiful season of love upon us, we will surely see even more deeply that we are all bound together in Spirit. And in Spirit, love will accomplish great things!

Recall with me the uplifting melody and words of "Joy To the World":

He rules the world with truth and grace, and makes the nations prove the glories of His righteousness, and wonders of His love....

Let us each one choose to allow our minds and hearts to receive the blessing of the wonder of Christ Love. There is no great mystic's feat, but rather it is the simple result of your decision to hold to the pure, faith-filled vision of the Christ child within you.

The Christ child within is always born in consciousness when we

# HORIZONS THE NEWSLETTER OF UNITY OF THE VALLEY \_\_\_\_\_ DECEMBER 2006

believe in the immediate and constant flowing of God's goodness, no matter what circumstances seem to indicate. The Christ child within can always see the emerging patterns of good in everyone and in everything, and that is the wonder of His love. *Continued on page 2* 



#### SPECIAL CHRISTMAS EVENTS

### Galileans' Bazaar and Y.O.U. Silent Auction

Sunday, December 10 After 10:00 AM service

#### **Family Christmas Celebration**

Sunday, December 10 6:30 to 8:00 PM

#### **Christmas Service**

Sunday, December 24 10:00 AM

#### **Candle Lighting Services**

Sunday, December 24 5:30 & 8:00 PM

#### **Burning Bowl Service**

Sunday, December 31 10:00 AM

#### Sunday Worship Services

Service held at 10:00 AM

Nursery provided 10:00 AM

Childcare 10:00 AM

Youth Education (3 – 10 years) 10:00 AM

Uniteens (11 – 13 years) 10:00 AM

Youth of Unity (14 – 18 years) 10:00 AM

#### **Office Hours**

Tuesday – Friday 10:00 ам – 4:00 рм

#### **Bookstore Hours**

Tuesday – Friday 10:00 ам – 4:00 рм

#### **Contact us**

Unity of the Valley 345-9913

Unity Bookstore 343-5689

Unity Fax 345-9182

Dial-a-Positive-Prayer 345-5215

E-mail unityval@rio.com

Web Site unityofthevalley.org

#### Letter from Rev. Polly Dozier Continued



Rev. Polly Dozier is a spiritual mentor, counselor, and Reiki Master who has served over thirty years as an ordained Unity minister in Dallas, Chicago, Washington D.C., and Anchorage, Alaska. She is a promoter of world peace projects, with a background of peace work and reconciliation in Russia

Why not allow your very own Christmas miracle to be born in the pure, faith-filled vision of the Divine essence within you?

I AM a joyous shepherd.

I keep watch over my thoughts and feelings.

I AM fearless and free, for my faith in God brings good tidings of great joy to me. I share my joy with my friends, family, co-workers, church, and world.

I AM aware that the Saving Power of the Christ Spirit is born in me anew this day.

I welcome this Babe wrapped in love, lying in the manger of my heart.

I feel the peace of my indwelling Christ child.

May Christ Love unite us in oneness with the spiritual good in all people, places, and conditions in our lives and around our world.

You truly are "the wonder of His love" and my Christmas joy! Thank you so much for giving us all the gift of your presence this special season.

Love, Peace, and Christmas Joy to you and yours,

Rev. Polly Dozier Temporary Minister

### Letter from the Board of Directors

Dear Friends.

The approach of the new year heralds a time of transition and new beginnings for Unity of the Valley.

The board has selected Rev. Polly Dozier to be our transitional minister. With 30 years as a Unity Minister, Polly brings many gifts to our community.

Polly will help guide us through the next phase, which will include the selection process for a Senior Minister. A selection committee will be formed, consisting of congregants and board members, and will begin this process after the first of the year. These are exciting times at Unity of the Valley, and there will be many opportunities for all of us to contribute our time, talent, and treasure to the future growth of our community.

Please join us as we welcome Polly and celebrate our continuing journey as a thriving spiritual community.

Thank you for your support, and many blessings for a prosperous and peaceful new year.

Your Board of Directors

### Odyssey of the Spirit: Transformational Adult Education (January\_March)



the Valley offers Odyssey of the Spirit, a transformational. ongoing adult education and enrichment program.

The program offers classes, workshops. guest speakers, two- to threeday intensives, and independent study guided by members of our inhouse teaching staff and instructors from our community.

Odyssey of the Spirit provides a holistic approach to self-discovery and transformation. Its purpose is to encourage the unfoldment of the individual through the development of spirit, mind, and body. We will offer teachings that enable persons to realize their oneness with God and life, and principles that will empower each individual to live a more joyous and successful life.

Participation in classes and activities may be solely for one's own experience and enrichment, or taken for credit by those who are:

• in the process of accumulating, or wishing to accumulate,

Mary Maya Tom Laurie Netti Mary

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required hours for completion of Unity's Personal Growth diploma program;

• already enrolled, or planning to enter, the Licensed Unity Teacher Program;

• considering application to the ministerial education program.

More information about upcoming program offerings can be found in the basic program brochure, available at the church information desk; the course description catalog; and your Sunday bulletin.

For detailed information, contact the Rev. Sherry Lady at 345-9913 (church) or 485-6874 (office), or e-mail her at sherrylady@earthlink.net.

Faculty and instructors include:

Ellen Avis	Sharon Guinee
Balanz	Linda Hunt
Blank	Sherry Lady
e Cracraft	Leslie Maguire
Garner	Inge Tarantola
Griggs	Sally Waters

Unity of the Valley's Education Ministry encompasses all ages, infant through adult. It supports and encourages not only personal growth and transformation, but the continued unfoldment of our understanding of the value of cultural and spiritual diversity as expressed throughout our world.

We look forward to your participation!

### **Odyssey of** the Spirit Classes

#### **Listening Inside**

Wednesdays, Jan. 10–Jan. 31 7:00-9:00 рм

#### Five Gifts for an **Abundant Life**

Wednesdays. Feb. 7-Mar. 28 7:00-9:30 рм

#### Christ In the Bible

Tuesdays, Jan. 30–Feb. 27 7:00-9:00 рм

#### **Power of Sung** Prayer (2-day Intensive)

Friday & Saturday Jan. 26–27 (Times TBA)

#### Metaphysics I

Thursdays, Feb. 1–Mar. 1 7:00-9:00 рм

#### Meditation 101

Tuesdays, Feb. 6–27 7:00-8:30 рм

#### **Discover the Power Within** You

Tuesdays, Mar. 6–Apr. 3 7:00-9:00 рм

#### **Metaphysics II**

Thursdays, Mar. 8–29 7:00-9:00 рм

## A Beary Special Project



It's that time of year, when the bears and critters come

marching in to be filled with hugs and love before they parade out into the community to bring joy and happiness to others! Please bring a brand new huggable bear to church in December.

These bears will be filled with our love and prayers, and then

### Let's Celebrate Christmas at Unity!

Sunday, December 10 6:30 to 8:00 PM With caroling, a special musical production, and Mr. & Mrs. Claus!



Sherry Lady, director Music and lyrics by Mary Griggs Bonnie Chappa, choreography and co-director

will be distributed throughout

Christmas.

our community the week before

"A Unity Christmas Carol," based on Charles Dickens' beloved holiday tale, will be presented at our annual Family Christmas Celebration. Cast and crew are members of our congregation and Youth Education Department.

The musical will include audience sing-alongs, plus surprises for the children at the conclusion. This is a delightful show for all ages. Bring your children, grandchildren, neighbors, friends, and relatives, and be prepared to share in the holiday spirit!

#### Unity Mission and Values

We are a thriving spiritual community radiating God's love. We come together to grow in our experience and expression of God.

We value:

- Love
- Integrity
- Beauty
- InclusionCommunity
- Fun
- Peace
- Worship
- Learning
- Prayer
- CommitmentProsperity
- Healing
- Gratitude
- Service
- Joy

and the Sacredness of all life.

### Mary Manin Morrissey

Sunday, December 10 10:00 ам Service "Exploring the Sacred"

Sunday, December 10 Workshop I:00-3:30 рм "Unlocking Your Soul's Code: Pathway to Breakthrough"

Discover the three Initiations that reveal, release, and develop your given Divine powers.

By unlocking the mystery of our Soul, we understand the significance of our power to create dreams and make a difference for good. These Initiations not only offer a breakthrough past obstacles and restrictions, but also offer an insight and practice that open us to greater vistas of possibility. Minister, teacher, and author Mary Manin Morrissey founded and for 23 years served as Senior Minister of the "Living Enrichment Center." Mary is the author of two bestselling books: *Building Your Field of Dreams*, adapted into a one-hour PBS special, and *No Less Than Greatness*.

You will leave this workshop with a simple, practical, and grounded practice for releasing our purpose and fulfillment within our life's journey.

Suggested love offering for Workshop: \$20.

#### 2006 FINANCIAL REPORT

Divine love, through us, blesses and multiplies all that we have, all that we give, and all that we receive!

						_
	Income	(–) Tithes	(—) Expenses	Net Gain/Loss	YTD Gain/Loss	
January February March April May June July	\$29,082 25,312 36,960 29,154 20,817 17,117 22,506	-1,150 -1,375 -5,706 -8,020 -2,700 -2,256 -401	-26,924 -20,050 -20,957 -12,952 -21,623 -22,745 -17,619	1,008 3,887 10,297 8,182 -3,506 -7,884 -4,486 2,012	1,008 4,895 15,192 23,374 19,868 11,984 16,470	
August September October <b>TOTALS</b>	17,061 17,548 53,616 \$269,173	-1,049 -1,163 -4,212 -28,032	-18,025 -21,647 -36,564 -219,106	-2,013 -5,262 12,840 22,035	14,457 9,195 22,035	

# Mary Ma Sunday, Decer 10:00 ам Serv

### Upcoming Events at Unity of the Valley



Together with Gandhi and King Foundations, she addressed the United Nations as national co-chair for the Season of Nonviolence. In conjunction with the Association for Global New Thought, Mary co-facilitated "the Synthesis Dialogues" with His Holiness the Dalai Lama and other world leaders. Mary continues her ministry as she travels, speaks, and teaches worldwide.

### The Transforming System: Unity Events to Transform Our Lives

Throughout the month of January, Unity will offer a series of events titled "The Transforming System" that will expand your awareness of possibilities and give you practical, everyday techniques with which to change your hidden potential into visible reality.

Your life is like a lamp that was destined to be placed on a high stand so that the world around you can see it shining.

*—Matthew 5:15* 

### **The Master Mind Principle**

For where two or three are gathered in my name, there I am in the midst of them." *—Matthew* 18:20

> Master Mind Principle Tuesday & Thursday

January 2 & 4 7:00 to 9:00 pm

Leslie Maguire will facilitate this class on a method of powerful prayer. Through the Master Mind Principle, you combine your own strength with that of at least one other person and that of a Higher Power. The principle is based on an ancient premise that the combined energies of two or more like-minded persons is many times greater than the sum of the individual energies involved.

The Master Mind Principle also teaches that other like-minded individuals can believe for you-

and accept as true for you—things you may find difficult to believe for yourself.

Every person on this planet is a personalized expression of the Master Mind and, therefore, has the innate ability to tap into its power, genius, and wisdom.

#### The Master Mind Prayer **Process is:**

• Two to six people meeting regularly in an atmosphere of trust and harmony for

the purpose of providing mutual support and encouragement.

• A powerful tool for self-discovery, growth, and transformation.

#### The Master Mind Principle is:

• The sum of multiple energies coming together becoming many times greater than the individual energies.

• Others believing for you what you find difficult to believe for yourself.



#### by the Rev. Edgar Peara

#### 



Edgar Peara was a registered Christian Science Practitioner and New Thought minister. He continues his practice of spiritual therapy.

Our religion teaches that our creative mental work or prayer's goal is not so much to get something as to be something.

Right now there is within you a basic creative goodness, even perfection, waiting for you to discover and express it. In a similar sense, all of



### UNITY OF THE VALLEY ANNUAL Congregational MEETING

Sunday, February 11 12:30 рм

During our annual meeting, we will review our mission and goals, look over the financial report, and share ideas for the future. All are welcome!

good pleasure for you. Today you already have a spiritual, perfect life and selfhood that wants to develop and become apparent. You don't need to get or add to yourself that magnificent being you are right now. You become that marvel of fulfillment—health, love, abundance, and joy—through acknowledging that perfection is your true present identity and by opening your thought to recognize and accept it.

Your task is to acknowledge that reality and to regularly think, "I include and want to express the wonder of the perfect life within me. I open myself to, and am fully receptive to, all the wonders of that life-grace, happiness, and abundance-it wants me to enjoy right now."

### Leslie Maguire will facilitate The Transforming System. She first attended Unity of the Valley in 1993.

Leslie practices the art of looking within. Using art, writing, and insight meditation, she has been a practitioner of Deep Self-

In her home studio, she offers small group classes, weekend workshops, and private sessions to support others in their own journeys of selfdiscovery.

Exploration for over 12 years.

the wonders of your adult body were in you when you began as one cell in your mother's reproductive system. That zygote developed to become the adult you are today.

As a baby you didn't have to get, or add to yourself, the adult body you have today. Normal growth and development resulted from your simply experiencing a guiding, marvelously fulfilling pattern that made you subject to its will and

"Beloved, now you are the child of God" [I John 3:2].

#### Trust In Abundance

Gandhi wrote, "Manifestation is an act of trust. It is the soul pouring itself out into its world, like a fisherman casting a net to gather in the fish he seeks. With each cast properly made, we will bring what we need to us, but first we must hurl ourselves into the depths without knowing just what lies beneath us."

### Be Part of Our Youth Ministry if You Hope To:

• have fun playing (and praying!) with kids

• be in the NOW

• improve your understanding of Unity principles

• enjoy deeper connection with other adults

• receive more than you could possibly give

• AND boost your own spiritual growth!

### Who Are We?

- Preschoolers: ages 3 to 5 I0:00 AM Lead teacher: June Hopkins
- Unikids: Grades K through 3

I0:00 ам Lead teachers: Elise Willingham and Lee Young



Sending love to our God-child in Honduras.

• Galileans: Grades 4 & 5 I0:00 ам Lead teachers: Mary Griggs and

Alison Cantril

 Uniteens: Grades 6 through 8 I0:00 AM Lead teachers: Sally Crum and

Raymond Albano

• Y.O.U.: Grades 9 through 12 10:00 AM Leaders: Josh McDaniel and Cynthia Johnson

### How to Support Youth Ministry Activities:

• Share your caring energy to work with children and apply the Unity principles one or two Sundays a month.

• Supply or prepare snacks (and clean up afterwards!); visit with children during snacks.

• Help with special projects.

• Serve as greeter for children (9:45–I0:I5 ам).

• Serve as a substitute teacher or angel.

• Share your special interest or talent (such as musical instruments, puppets, drama, art, origami, etc.).

Signup sheets are available at the reception desk.

All Transforming System Events are offered on a Love Offering basis. Everyone is welcome!

### **Personal Inventory**

Of all knowledge, the wise and good seek most to know themselves. —William Shakespeare

### Personal Inventory Workshop

Thursday, January II 7:00 to 9:00 рм

A personal inventory is a factfinding—and fact-facing—journey into your mind. The journey represents the beginning of a new way of life, because it helps you move swiftly and directly toward increased self-awareness and an enhanced self-image. It helps you develop a clearer idea of who you are and what your beliefs are.

The purpose of your personal inventory is to look at your character traits and review both your strengths and your limitations. With total honesty, you take stock of your feelings, beliefs, and attitudes to discover what is good and desirable as well as to search out the character flaws that have become obstacles to your growth. It then will be possible for you to determine where your life is working well and where it is lacking and needs work. It will reveal the inner mental and emotional state of mind that controls your outer circumstances.

### **Goal Setting & Achieving**

Whatever the mind of man can conceive and believe, it can achieve. —Napoleon Hill

#### Goal Setting Workshop

Thursday, January 18 7:00 to 9:00 рм

Your spirit gives you the power to create for yourself a full, beautiful life. The process of **setting goals** enables your creative imagination to build a dream so real and so vivid that it must come true for you. Setting specific, positive, attainable goals—in writing— is the first step along the road to achieving them.

### The Image Book

A man's life is dyed the color of his imagination. —Marcus Aurelius

#### Image Book Workshop

Thursday, January 25 Beginning at 6:30 рм

An **Image Book** is a powerful tool for renovating our belief systems; that is, the way we feel about ourselves and the way we see and experience the world.

• Your Image Book appeals directly to the part of your brain that responds to feelings and images.

• By focusing the energies of your mind upon the qualities you want to express, the things you want to have, and the events you want to experience, your creative imagination will cause them to become reality.

### Upcoming Events at Unity of the Valley

#### **Candle Lighting Services**

Sunday, December 24 5:30 & 8:00 рм

Candles are a gift of light, a tiny sun, a bit of star.

No other dancer in the night dances with such sheer delight.

Little souls serene and bright, each a glimpse of what we are, shining innocent and pure.

#### **Annual Burning Bowl Service**

Sunday, December 31 10:00 ам

Join us for our annual ritual of letting go of the past and charting a positive and powerful future.

**Our Burning Bowl** Service is the perfect way to end the old year and prepare for the new year!



Dr. Michael Mirdad is respected as one of the finest and most diverse spiritual teachers and healers of our time and has taught workshops on the human energy systems, spirituality, metaphysics and relationships for nearly 20 years. He is especially noted for his visionary ability to bring forth the highest Truths and spiritual principles and present them in a concise, applicable manner. Dr. Mirdad's knowledge and wisdom, combined with his humor and storytelling, always assures an enjoyable, life-changing event.

### Dr. Michael Mirdad

Sunday, January 14 10:00 AM Service "It's Time for Your Miracle" I:00 to 4:00 pm "Creating Miracles" Workshop

Tuesday, January 16 7:00 to 9:00 pm "Applying the Principles of ACIM"

Thursday, January 18 7:00 to 9:00 pm Intro to "Creating Fulfilling Relationships" Workshop

Saturday, January 20 10:00 AM to 6:00 PM "Creating Fulfilling Relationships"

The Sunday, Tuesday, and Thursday presentations are on a love offering basis. The cost for Saturday's all-day workshop is \$99 through Thursday, January 18, and \$125 thereafter.

Everyone is welcome!

### Five Gifts for an Abundant Life!

Wednesdays, beginning February 7 7:00 to 9:30 рм Facilitated by Sally Waters Call 343-8200 for more information. Cost for materials is \$50.

This 8-week course will immerse you in the Truth of your Being. You will learn to practice these five gifts: Gratitude, Intentions, Forgiveness, Tithing, and Surrender. The course includes meditation, sharing, lecture, writing assignments, guided imagery, dvad experiences, and creative arts.



Sally Waters will facilitate "Five Gifts for an Abundant Life."

Prosperity Prayer Pods of five to six people allow participants to pray for one another in a structured format throughout the course.

## Upcoming Events at Unity of the Valley

### **Burning Bowl Service**

Sunday, December 31 10:00 AM Service

As the year 2006 completes its cycle and the year 2007 is born, we may let go of false beliefs and illusions that do not serve our highest purpose, opening the way for new, fresh insights and inspiration. Through the purification process, symbolized by fire, we release unwanted and limiting patterns such as fear, anger, guilt, and unforgiveness—thereby creating space for new blessings.

We welcome you to start the new year with this freeing and moving experience in consciousness that opens the door to a greater you!

### "Inviting the New Year" **Evening of Chant**

Sunday, December 31 7:00 to 8:00 pm Facilitated by Netti Garner, D. Min. Love offering basis

Join in an interfaith evening of chant, meditation, and reflection to prepare the way for the New Year. The intention is to create a space that invites our continued awakening as persons, as species, and as caretakers of our home planet.

### 9th Annual New Year, New Life Yoga Retreat

Monday, January I 9:00 AM to I:00 PM Love offering basis.

Donna O'Neil and Jon West invite you to join them for yoga and meditation on New Years Day. Donna is a certified yoga teacher and has taught yoga since 1995. Reservations are advised.

For further information, please call Donna at 683-7664.

### Mystical Nature of Chant

The third Sunday of each month 7:00 to 8:00 pm

Facilitated by Netti Garner, D. Min. Love offering basis

During chanting, the words, musical tones, and chord progressions create vibrations that broaden the pathway as we awaken to our mystical nature. This practice draws one deeper into the awareness of one's life purpose, as well as contributes to the wholeness of our community, locally and globally. A period of silence follows each chant to allow for the vibrations to settle deeply into our consciousness. As the Gospel of Mary Magdalene relates: "It was in the silence that the Teacher spoke."

#### Be still. Be still. Be still.

God in the midst of you is substance. God in the midst of you is love. God in the midst of you is wisdom. Let not your thoughts be given over to lack, but let wisdom fill them with the substance and the faith of God. Be still and know that at this moment your heart is the altar of God, of love; love so sure and unfailing, love so irrepressible and magnetic that it draws your supply to you from the greatest storehouse in the universe.

-----Myrtle Fillmore